

Systemic BioPsychology and it's clinical applications:

An Emergent Model

Virtual Web Conference, 3 dates :

In French : 21-22 October or 18-19 November 2021

In English : 25-26 November 2021

Virtual Web Group Supervision : 3 December 2021

This workshop provides 12 hours of continuing education credits recognized by the Quebec Order of Psychologists (Ra03855-21).

Hello

Systemic BioPsychology (SBP) is an emergent model that allows better understanding of individual adaptations to a constantly changing social and physical environment by observation and comprehension of the simultaneous development of emotions and information processing (neurotransmitters and hormones) throughout neurohormonal structures and circuits (grey matter). Thus an explanation appears for the importance of placing emphasis on healthy emotional expression in an attempt to maintain equilibrium and avoid the development of clinical disorders.

This model also provides a new conceptualization of the development of personality as occurring throughout myelination of neuronal circuits (white matter) from birth to approximately 25 years of age. This model confirms the importance of early interventions in preventing the development of personality disorders, as healthy personality development potentially hinges on these early years of myelination.

This model integrates elements from recent research in neuroscience regarding neural circuits of aggression (Panksepp), fear (Ledoux), reward (Tassin), empathy (Decety) and consciousness (Damasio) as they relate to myelination (Welker & Patton). This model is the first to make use of data from neuroscience to discriminate between Axis I clinical disorders and Axis II personality disorders (DSM-IV). Regardless of your theoretical orientation, you will learn about the development of neurohormonal circuits and their relationship to emotional and personality development. This model emphasizes normalizing. The goal is to equip the client with healthy habits that

will allow them to restore emotional balance and well-being. You will also receive practical clinical tools for use in your interventions that will facilitate clients' introspection and insight thereby helping them feel better as well as maintain long term equilibrium.

Objectives

- Categorize individual functioning from a Systemic BioPsychological perspective
- Elaborate a psychological diagnosis using the BioPsychological Evaluation tool.
- Apply Systemic BioPsychology intervention strategies in practice

Content

- Systemic BioPsychology: epigenetics, neuronal development and learning
- Schemas of the 5 neuronal circuits (Instinctivity, Sensitivity, Cognitivity, Affectivity et Réflexivity in relation to myelinization and the 5 basic emotions: anger, surprise, desire, sadness and happiness (Poisson, 2015)
- Schema of Systemic BioPsychology: 5 neurohormonal circuits (grey matter): 15 emotions and their clinical disorders : 5 neural circuits (white matter): 15 personality styles and disorders
- Clinical applications of Systemic BioPsychology
- Four clinical vignettes: evaluation of neuronal circuits and intervention plans
- Advice and intervention strategies for each personality style according to Systemic BioPsychology

Method: Written documents, theoretical presentations, case studies and scenarios

Rate : 460\$ /2 days (6 hours each day) (11 participants)

(40\$ Discount for early registration 30 days prior)

230\$ /Group supervision day, 6 hours (9 participants)

(30\$ Discount for early registration 30 days prior)

European Rate: 460 euros/2 days (6 hours each day) (11participants)

(40 euros discount for early registration 30 days prior)

230 euros/Group supervision day, 6 hours (9 participants)

(30 euros discount for early registration 30 days prior)

Supplemental information:

<http://www.psycho-ressources.com/psychologue/quebec/benoit-poisson.html>.

Preregistration by email:

b.poisson@institutdebiopsychologie.com

Thanks for sharing with your colleagues, we look forward to meeting you.

Dr Benoît Poisson, D.Psy., psychologist

Marianne Poisson, M.Sc., occupational therapist

Myrtis Fossey, M.Psy., psychologist